

**EIGHTEENTH SUNDAY** IN  
**ORDINARY TIME**  
**AUGUST 05, 2018**

*Ex. 16, 2-4 +12-15; Ps. 78; Eph. 4, 17, 20-24; Jn. 6, 24-35*



The crowd stunned by the miracle of the multiplication of the breads follows Jesus to the other side of the lake longing for more favors. He begins by scolding them: "You run after me because you have eaten bread and are filled! Run rather after the food that lasts forever, the bread the Father has given you!"

Is it not true that we strain ourselves for passing goods yet find no time for what is permanent and eternal?

The work of God, He continued, is that you believe in the one He sent! Jesus Himself is the supreme treasure we should all long for. For 2000 years millions have found this teaching to be true. What about you? Then, referring to the manna, often called the bread from heaven Jesus stated: "I am the real bread that comes from heaven to give life to the world. I am the bread of life. He who comes to me will never hunger; he who believes in me will never thirst!"

From this point on, Jesus speaks about the real presence of his body and blood in the bread and wine of the Mass. Ps. 4 warns us that we tend to "love what is worthless and chase after lies." Jesus is calling us to seek Him who is infinitely superior to all earthly food."

Learn to seek and find **TRUE JOY** in your **COMMUNION WITH JESUS' BODY AND BLOOD!!**